



# Breakfast

The USDA is an equal opportunity provider and employer.



## September 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Blank menu box for Monday.

Blank menu box for Tuesday.

Blank menu box for Wednesday.

Pancake on a Stick  
Honeydew  
Orange Juice  
Milk 1

Pop Tart  
String Cheese  
Pears  
Apple Juice  
Milk 2



Whole Wheat Rice Krispies  
Apple Slices  
Orange Juice  
Milk 6

Breakfast Sandwich  
Turkey Sausage, Egg & Cheese  
Fresh Watermelon  
Milk 7

Blueberry Muffin  
String Cheese  
Honeydew Melon  
Apple Juice  
Milk 8

French Toast Sticks  
Turkey Sausage  
Maple Syrup  
Mandarin Oranges  
Milk 9

Mini Chocolate Chip loaf  
String Cheese  
Banana  
Orange Juice  
Milk 12

Whole Wheat Cinnamon Roll  
Vanilla Yogurt  
Pears  
Apple Juice  
Milk 13

Whole Wheat Cheerios  
Apple Sauce  
Orange Juice  
Milk 14

Waffle Sticks  
Turkey Sausage  
Fresh Fruit Cocktail  
Orange juice  
Milk 15

Sun berry Granola Bar  
Cut Oranges  
Apple Juice  
Milk 16

Cheddar Omelet  
Pineapple Tidbits  
Orange Juice  
Milk 19

Banana Bread  
String Cheese  
Cantaloupe  
Apple juice  
Milk 20

Breakfast Burrito  
Watermelon  
Orange Juice  
Milk 21

Super Donut  
Honeydew Melon  
Apple Juice  
Milk 22

Breakfast Pizza  
Peaches  
Orange Juice  
Milk 23

Wheat Bagel with Cream Cheese  
Fruit Cocktail  
Juice  
Milk 26

Cheese Omelet  
Turkey Sausage Patty  
Cantaloupe  
Milk 27

Whole Wheat Frosted Flakes  
Banana  
Apple juice  
Milk 28

Pancake on a Stick  
Honeydew  
Orange Juice  
Milk 29

Pop Tart  
String Cheese  
Pears  
Apple Juice  
Milk 30