



Lunch

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September 2016

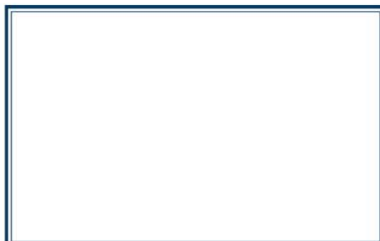
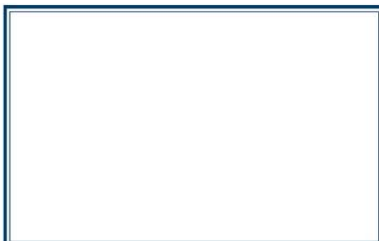
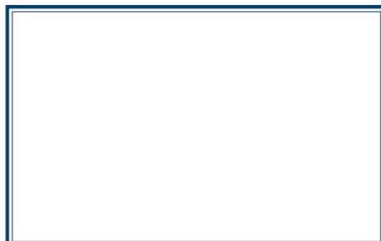
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Turkey Corn Dog served with Baked Beans
Pineapple Tidbits
Milk 1

Teriyaki Chicken served over Brown Rice
Steamed Broccoli
Fresh Fruit
Milk 2



Hamburger served on a Whole Wheat Bun with French fries
Seasoned Carrots
Banana
Milk 6

Whole Wheat Penne served with Marinara Meat Sauce and a Garlic Breadstick
Peas & Carrots
Tropical Fruit
Milk 7

BBQ Chicken served on a Whole Wheat Bun with Farmers Potato
Spinach Salad
Apple
Milk 8

Southwest Chicken Salad served over Spanish Rice and Fiesta Corn
Romaine Salad
Apple Sauce
Milk 9

Orange Chicken served over Brown Rice
Seasoned Peas
Mandarin Oranges
Milk 12

Cheese Pizza
Fresh Mixed Salad
Watermelon
Milk 13

Nacho Burger served on a Whole Wheat Bun
Refried Beans
Pineapple Tidbits
Milk 14

Vegetarian Lasagna
Garlic Breadstick
Spinach salad
Peaches
Milk 15

Turkey Dog served with Tater Tots
Green Veggie Salad served with Ranch Dressing
Apple
Milk 16

Beef & Bean Burrito
Pears
Fiesta Corn
Milk 19

Chicken Salad served on Whole Wheat Bread
Steamed Broccoli and Cauliflower
Tropical Fruit
Milk 20

Sloppy Joe served on a Whole Wheat Bun
Sliced carrots
Apple
Milk 21

Chicken Nuggets served with Baked French Fries
Peas & Corn
Milk 22

Fish Sticks
Baked Tater Tots
Pears
Milk 23

Beef Nachos
Fiesta Corn
Pears
Milk 26

Chicken Patty served on a Whole Wheat Bun with Tater Tots
Sliced Oranges
Peas & Corn
Milk 27

Spaghetti and Meatballs
Green Salad served with Ranch Dressing
Peaches
Milk 28

Teriyaki Chicken served over Brown Rice
Steamed Broccoli
Pineapple Tidbits
Milk 29

Turkey Corn Dog served with Baked Beans
Fresh Fruit Salad
Milk 30